Impact of the pandemic on unpaid carers so far, and measures adopted to support them

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1. What do we know about the impact of COVID-19 on unpaid carers?
   - Rapid literature review

2. What measures have been adopted so far?
   - Review of evidence collected as part of LTCcovid.org
CINAHL, Medline & SocIndex
(Family OR Informal OR unpaid) AND (carer OR caregiver) AND (COVID-19 OR coronavirus OR 2019-ncov)
3 July 2020: 207 results
Repeat search 21 July 2020: 258 results

Embase
(Family OR Informal OR unpaid) AND (carer OR caregiver) AND (COVID-19 OR coronavirus OR 2019-ncov)
3 July 2020: 5 results
21 July 2020: 43 results

medRxiv
24 July 2020
caregiver covid= 127 results
informal carer covid=53 results
carer AND covid: 57 results
unpaid AND COVID: 13 results
24 July 2020: 46 results selected

Importing to Mendeley library and removal of duplicates: 312 results

Screening of abstracts & extraction of full-texts
9 papers included that collected data on unpaid carers of people with LTC needs

Grey literature search
Google search engine for variation of search terms including ‘carer OR caregiver AND unpaid OR family OR unpaid AND COVID-19 OR coronavirus’

9 reports included that collected data on unpaid carers
### Care in the community

<table>
<thead>
<tr>
<th>Carers provide</th>
<th>Carers describe</th>
<th>Carers experience</th>
<th>Carers express</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Worries and concerns about contingency planning in case the carer gets ill</td>
<td>Isolation</td>
<td>Needs &amp; wishes</td>
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<tr>
<td></td>
<td>Worries and concerns about the person with care needs</td>
<td>Stress</td>
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<td>Financial/employment concerns</td>
<td>Mental health impacts</td>
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<td>Family tension/ conflict</td>
<td>Well-being</td>
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<td>Access to groceries/pharmaceuticals</td>
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<td>Experiences with support &amp; services</td>
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</tbody>
</table>

**New carers**

**Intensity of care**
Carers supporting people living in residential care settings

Carers provide
- Visiting policies

Carers describe
- Monitoring the health of person with care needs
- Quality of care person with care needs receives

Carers experience
- Stress

Carers express
- Needs & wishes
## 2. What measures have been adopted so far?

**Overview of measures described to support unpaid carers in 30 reports published on LTCcovid.org**

| Measure                                                                 | Australia (24 April) | Austria (13 July) | Brazil (6 May) | Chile (24 July) | China (18 April) | Denmark (27 May) | Finland (26 May) | Germany (26 May) | Hong Kong (8 July) | India (13 May) | Indonesia (30 May) | Italy (31 July) | Jamaica (25 May) | Jordan (26 July) | Kenya (30 May) | Malaysia (30 May) | Malta (6 June) | Mexico (6 June) | The Netherlands (26 May) | Slovenia (20 May) | South Africa (10 July) | South Korea (7 May) | Spain (28 May) | Sweden (22 July) | Turkey (10 June) | Wales (11 June) | The United States (24 April) | Minnesota (27 July) | Σ |
|------------------------------------------------------------------------|----------------------|-------------------|----------------|----------------|-----------------|-----------------|-----------------|-----------------|-----------------|----------------|------------------|----------------|----------------|----------------|----------------|----------------|----------------|-----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|---------------|---|
| Virtual support interventions                                         | X                    | X                 | X              | X              | X               | X               | X               | X               | V               | X              | X                 | X               | X               | X               | X              | X              | X               | X              | X               | X              | X              | X              | X              | X              | X             | 19  |
| Guidance and resources                                                | X                    | X                 | X              | X              | X               | X               | X               | X               | X               | X              | X                 | X               | X               | X               | X              | X              |              | X              | X              | X              | X              | X              | X              | X             | X             | 14  |
| Financial support                                                     | X (X)                | X                 | V              | X              | X               | X               | X               | X               | X              | X              | X                 | X               | X               | X               | X              | X              | X               |                    | X              | X              | X              | X              | X              | X              | X             | 12  |
| Emergency support structures                                          | X                    | X                 | V              | X              |                |                |                |                |                |                |                    |                |                |                |                |                |                | |                |                |                |                |                |                |                |                | 4             |
| Support with navigating restrictions                                   | X                    |                   | X              |                |                |                |                |                |                |                |                    |                |                |                |                |                |                | |                |                |                |                |                |                |                |                | 3             |
| Healthcare providers responsibility                                   |                      |                   |                |                |                |                |                |                |                |                |                    |                |                |                |                |                |                | |                |                |                |                |                |                |                |                | 2             |
| COVID-19 testing (and PPE)                                             | X                    |                   | V              | (PPE)          |                |                |                |                |                |                |                    |                |                |                |                |                |                | |                |                |                |                |                |                |                |                | 3             |
| Ability to visit people with care needs in residential care           | X                    | X                 | X              |                |                |                |                |                |                |                |                    |                |                |                |                |                |                | |                |                |                |                |                |                |                |                | 8             |
Thank you

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