

### England:

# Estimates of mortality of care home residents linked to the COVID-19 pandemic

#### Adelina Comas-Herrera and Jose-Luis Fernández

Last updated 17 May 2020

#### **Authors**

Adelina Comas-Herrera and Jose-Luis Fernandez, <u>Care Policy and Evaluation Centre</u>, Department of Health Policy, London School of Economics and Political Science.

#### Itccovid.org

This document is available through the website ltccovid.org, which was set up in March 2020 as a rapidly shared collection of resources for community and institution-based long-term care responses to Covid-19. The website is hosted by CPEC at the London School of Economics and Political Science and draws on the resources of the International Long Term Care Policy Network.

Corrections and comments are welcome at <u>a.comas@lse.ac.uk</u>. This document was last updated on 17 May 2020 and may be subject to revision.

**Copyright:** © 2020 The Author(s). This is an open-access document distributed under the terms of the Creative Commons Attribution NonCommercial-NoDerivs 3.0 Unported International License (CC BY-NC-ND 3.0), which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited. See http://creativecommons.org/licenses/by-nc-nd/3.0/.

#### Suggested citation

Comas-Herrera A and Fernandez J-L (2020) *England: Estimates of mortality of care home residents linked to the COVID-19 pandemic.* Report available at LTCcovid.org, International Long-Term Care Policy Network, CPEC-LSE, 17 May 2020.

#### **Follow us on Twitter**

@adelinacohe, @joselele, @cpec\_LSE, @LTCcovid

#### 1. Key findings:

- Data on deaths in care homes directly attributed to COVID-19 underestimate the impact of the pandemic on care home residents, as they do not take account of indirect mortality effects of the pandemic and/or because of problems with the identification of the disease as the cause of death.
- Not all care home residents die in care homes. According to ONS data, 13% of all deaths of care home residents took place in hospitals (28% of residents whose deaths were linked to COVID died in hospitals).
- Data on registered COVID-19 deaths among care home residents in England only accounts for an estimated 54% of all excess deaths in care homes (compared to same period in 2019).
- Total excess mortality taking place in care homes since 28<sup>th</sup> December is estimated to be 19,319 (48% of all excess mortality in England), and excess mortality among care home residents was 22,231, 55% of all excess mortality in England.
- This short report has been updated since the first version of the 12<sup>th</sup> of May, as the ONS published more detailed data on care home residents on the 15<sup>th</sup> May.
  A more detailed analysis of the new data published by ONS will be added soon.

#### 2. Introduction

This document sets out the information currently publicly available about the impact of COVID-19 on people who live and work in care homes, with a particular focus on mortality. There is still relatively little information to assess the full impact of the COVID-19 pandemic on people who use and provide long-term care in England.

This document will be updated and expanded as new data becomes publicly available. Comments on how to improve these estimates are welcome, please email a.comas@lse.ac.uk.

#### 3. Estimating excess mortality among care home residents

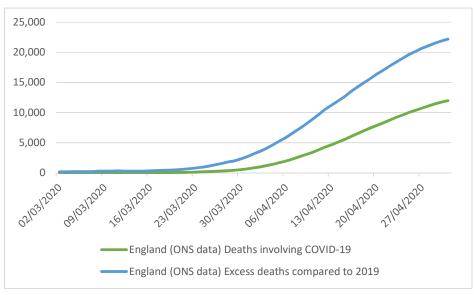
Measuring the number of deaths confirmed or suspected to be linked to COVID-19 requires a test to ascertain whether the person had the virus at the time of death, or a statement from the person reporting the death linking it to the virus. However, the impact on mortality of COVID-19 may be through both indirect as well as direct effects, and not all deaths directly linked to COVID-19 will be identified and recorded as such (for instance in death certificates). This is why it is important to also calculate "excess mortality" estimates for COVID-19, including among care home residents and home care users. Excess mortality represents the difference between the number of deaths in a given group that have happened during the pandemic, compared to the average number of deaths in previous years during the same period.

Examples of indirect causes of deaths linked to the pandemic would include cases in which people did not seek or receive medical care for other health conditions as a result of fear of

contracting the disease, a concern not to over-burden the National Health Service, or lack of access to care that would be normally provided. A recent letter to the Journal of America Medical Director suggests that many deaths in a French care home<sup>1</sup> affected by COVID-19 appeared to be linked to the consequences of residents being isolated in their rooms, without adequate eating, drinking or medical support, and not to the virus itself.

The figure below shows the difference between the excess mortality among care home residents in England and Wales between the 2<sup>nd</sup> March and the 1<sup>st</sup> May (registered by 9<sup>th</sup> May), and the number of deaths of care home residents registered as linked to COVID-19, based on data from the ONS<sup>2</sup>. Excess deaths have been estimated by comparing deaths during the same period in 2019. During that period, there were 22,231 "excess deaths" among care home residents, and 11,989 deaths linked to COVID-19. COVID-19 deaths accounted for 54% of all excess deaths in that period.

Figure 1. "Excess mortality" among care home residents in England between 2<sup>nd</sup> March and 1<sup>st</sup> May (compared to same period in 2019) and number of deaths of care home residents linked to COVID-19.



Source: own calculation based on data from the ONS<sup>3</sup>

 $\frac{https://www.ons.gov.uk/peoplepopulation and community/births deaths and marriages/deaths/articles/deaths involving covid 19 in the caresectoren gland and wales/deaths occurring up to 1 may 2020 and registered up to 9 may 2020 provision al (Table 1)$ 

 $\frac{https://www.ons.gov.uk/peoplepopulation and community/births deaths and marriages/deaths/articles/deaths involving covid 19 in the caresectorengland and wales/deaths occurring up to 1 may 2020 and registered up to 9 may 2020 provision all the caresectorengland and wales are consistent of the caresectorengland and wales are careful to the careful$ 

Itccovid.org | England: direct and indirect mortality among care home residents

<sup>&</sup>lt;sup>1</sup> https://www.jamda.com/article/S1525-8610(20)30354-6/pdf

The table below sets out the information that would ideally be needed at national level to monitor the scale of infections and mortality among care home residents and staff and that can be directly or indirectly attributed to COVID-19. Where information has been found, details of the source and the calculations carried out are in the next section.

		Residents	Staff
1	Numbers of tests carried out in care	Not found	Not found
	homes in your country		
2	Number of care home residents and staff	Not found	Not found
	who tested positive for COVID-19		
3	Number of care homes that have	5,546 out of the	N.A.
	experienced outbreaks	15,517 care homes in	
		England (36%) had	
		reported confirmed or	
		suspected outbreaks	
		of COVID-19 in care	
		homes to Public	
		Health England by 10	
		May	
4	Number of care home residents	Not found	N.A. (although data
	transferred to hospital due to suspected		on care home staff
	or confirmed COVID		admitted to hospital
			would be of interest
			too)
5	Number of care home residents who died	3,345 (ONS: 2 March	N.A.
	in hospital, deaths linked to COVID-19	to 1 <sup>st</sup> May, deaths	
		registered up to 9th	
		May), 28% of all care	
		home resident deaths	
		linked to COVID-19	
		happened in hospital	
6	Number of care home residents and staff	Not found	Not found
	who died and tested positive (before or		
	after death) for COVID-19		
7	Number of people who died in the care	Not found	N.A.
_	home, and tested positive for COVID-19	40.405./000.40.4	404
8	Number of care home residents and staff	12,185 (CQC: 10 April	131 across all social
	who died from suspected/probable	to 8 May)	care sector (up to 20 <sup>th</sup>
	COVID-19		April, includes home
			care staff)
9	Number of people who died in care	8,314 (CQC: 10 April	N.A.
	homes from suspected/problable COVID-	to 8 May) or 8,602	
	19	(ONS: 2 March to 1	
		May, registered up to	
		9 May)	

10	Number of excess deaths in care homes	19,319 (calcuation	N.A.	
10		based on ONS data to	N.A.	
	compared to same time period in			
	previous years	1 <sup>st</sup> May): 48% of all		
		excess mortality		
11	Number of excess deaths of care home	22,231 (ONS to 1	N.A.	
	residents, compared to same period in	May, registered by 9		
	previous years	May) and 26,194		
		(CQC to 8 May). This		
		is 55% of all exccess		
		mortality		
12	How are care homes defined in the	Definition from CQC <sup>4</sup> :		
	official mortality statistics in your	A care home is a place where personal care		
	country?	and accommodation are provided together.		
		People may live in the service for short or long		
		periods. For many people, it is their sole place		
		of residence and so it becomes their home,		
		although they do not legally own or rent it.		
		Both the care that people receive and the		
		premises are regulated.		
		Examples: Residential home, rest home,		
		convalescent home, respite care, mental		
		health crisis house, therapeutic communities,		
		nursing home		
13	What is the total number of people who	Data from CQC	Data from Skills for	
	live in care homes (as per the definition	reported by the BBC:	care: in 2019 there	
	of care homes used in the official	411,000 people living	were 685,000 jobs in	
	mortality data in your country)	in care homes in	residential adult	
	And how many staff work there?	England and Wales <sup>5</sup>	social care settings <sup>6</sup>	
1	raid not many stan work mere.	Elibratia alla vvales	Social care sectings	

#### 4. Sources and calculations:

This section provides details of the sources and calculations used to complete the table above, each number corresponds to the rows of the table for which we have some data:

#### 3. Number of care homes that have experienced outbreaks

https://www.gov.uk/government/statistical-data-sets/covid-19-number-of-outbreaks-in-care-homes-management-information

Rates of care home deaths with outbreaks range from 25.9% in the South East to 47.3% in the North East.

#### 5. Number of care home residents who died in hospital, death linked to COVID-19

<sup>&</sup>lt;sup>4</sup> https://www.cqc.org.uk/guidance-providers/regulations-enforcement/service-types#care-homes-nursing

<sup>&</sup>lt;sup>5</sup> https://www.bbc.co.uk/news/health-52284281

<sup>&</sup>lt;sup>6</sup> https://www.skillsforcare.org.uk/adult-social-care-workforce-data/Workforce-intelligence/documents/Size-of-the-adult-social-care-sector/Size-and-Structure-2019.pdf

https://www.ons.gov.uk/peoplepopulationandcommunity/birthsdeathsandmarriages/deaths/datasets/deathsinvolvingcovid19inthecaresectorenglandandwales, table 5

CQC also provides data (on the same release, table 8, but the place of death is not stated for a large proportion of the care home residents.

#### 8. Number of care home residents and staff who died from suspected/probable COVID-19:

#### For residents:

https://www.ons.gov.uk/peoplepopulationandcommunity/birthsdeathsandmarriages/deaths/d atasets/numberofdeathsincarehomesnotifiedtothecarequalitycommissionengland (table 4)

#### For staff:

Analysis of the deaths of people of working age population until the 20<sup>th</sup> April in England and Wales by the Office for National Statistics<sup>7</sup> found that people working in the social care sector had significantly higher death rates. There had been a total 131 (45 males and 86 females) deaths involving COVID-19, with rates of 23.4 deaths per 100,000 males (compared to 9.9 per 100,000) and 9.6 deaths per 100,000 females (compared to 5.2 deaths per 100,000). In contrast, the analysis did not find statistically higher rates of deaths among healthcare workers. The data published did not distinguish between social care staff working in care homes or in the community.

https://www.ons.gov.uk/peoplepopulationandcommunity/healthandsocialcare/causesofdeath/bulletins/coronaviruscovid19relateddeathsbyoccupationenglandandwales/deathsregistereduptoandincluding20april2020

#### 9. Number of people who died in the care home from suspected/probable COVID-19:

https://www.ons.gov.uk/peoplepopulationandcommunity/birthsdeathsandmarriages/deaths/datasets/deathsinvolvingcovid19inthecaresectorenglandandwales, tables 5 and 6

#### 10. Number of excess deaths in care homes compared to same time period in previous years:

Excess deaths among care home residents:

https://www.ons.gov.uk/peoplepopulationandcommunity/birthsdeathsandmarriages/deaths/d atasets/deathsinvolvingcovid19inthecaresectorenglandandwales table 1: 22,231 deaths

#### Calculation of deaths in care homes:

Using the estimate, based on data from Table 5 on place of death, that 13.1% of all care home residents died in homes, so 86.9% out of 22,231 deaths would result in 19,319 deaths in care homes.

Comparison with total excess mortality in England:

https://www.ons.gov.uk/peoplepopulationandcommunity/birthsdeathsandmarriages/deaths/datasets/weeklyprovisionalfiguresondeathsregisteredinenglandandwales

7

All excess mortality in England in 2020 (up to 1<sup>st</sup> May) was 40,262 deaths. So 47.8% of all excess deaths in England in 2020 would have taken place in a care home.

## 11. Number of excess deaths of care home residents, compared to same period in previous years:

https://www.ons.gov.uk/peoplepopulationandcommunity/birthsdeathsandmarriages/deaths/datasets/deathsinvolvingcovid19inthecaresectorenglandandwales Table 1, comparison between 2020 and 2019, there are two sets of data, that collected by ONS (including deaths up to the 1st of May that were registered up to the 9th of May) and data from CQC (up to the 8th May). The ONS reported 22,231 excess deaths in care homes compared to 2019 (ONS to 1 May, registered by 9 May) and CQC 26,194 (CQC to 8 May)

Comparison with total excess mortality in England:

https://www.ons.gov.uk/peoplepopulationandcommunity/birthsdeathsandmarriages/deaths/datasets/weeklyprovisionalfiguresondeathsregisteredinenglandandwales

All excess mortality in England in 2020 (up to 1<sup>st</sup> May) amounted to 40,262 deaths. So 55.2% of all excess deaths in England in 2020 would have been deaths of care home residents (comparing 22,231 excess deaths in England as per ONS up to 1<sup>st</sup> of May).

#### 5. Caveats

The calculations above used the best publicly available data that the authors could find for England.

The data published so far by the ONS uses a different time frame from which to calculate total excess mortality (average number of deaths during the same time of the year in the last 5 years) and excess mortality among care home residents (average number of deaths in 2019).

The authors have not been able to contrast the approach they have used to estimate excess mortality in care homes with the methodology the ONS uses to estimate excess mortality in the population and like to encourage ONS to publish their own estimates of excess mortality among care home residents in a way that is comparable to their estimates of total deaths.